

SUPPLIES NEEDED:

- Can opener
- Empty cans
- Balloons
- Rubber bands
- Scissors
- Lightweight wooden sticks like chopsticks, small dowels, or pencils

INSTRUCTIONS:

1. Have an adult take the top off of a can, remove the contents, and wash and dry the can.
2. Cut the bottom off a balloon and stretch it tightly over the open top of the can.
3. Use a rubber band to secure the balloon.
4. Use the sticks as your drumsticks and enjoy your drums!



SUPPLIES NEEDED:

- Empty cereal box, or any kind of small box
- Large rubber bands
- Ruler or empty paper towel tube

INSTRUCTIONS:

1. Ask an adult to cut a circle from the middle of the box.
2. Stretch rubber bands over the opening of the circle. Try using rubber bands of different thicknesses for different sounds!
3. Tape a ruler or paper towel tube inside the open end of the box to use as the guitar's neck.
4. If you want, decorate the body of the guitar with stickers or construction paper!
5. Rock out on your new guitar!

